



A guide to getting your Ex back



Don't wail and rant and rave	43
Don't come on too strong	43
Don't become a doormat	44
Don't contact your ex's family for information	45
Don't hit on your ex's friends	45
Don't do a "Ross"	47
What you can do to get your ex back	48
Be yourself	51
Give your ex some breathing space	52
Hold your tongue	53
Pride has its place – learn where it goes	54
Classy begging	56
Strive for lightheartedness	56
Keep things on a friendly footing	57
Bring back happy memories, if at all	58
Touching memories	59
Make your ex feel special	59
Use everything you've got	60
Jealousy can work – sometimes	61
Start over, go back to the beginning	63
And if all else fails, try humble honesty	64
Try couples counseling	64
Sex – to use it or not	63
When to use sex	66
Remember the good times you used to have	67
Create a special bond with your ex	68
Show your ex what they're missing without you	68
Get your ex to share their troubles with you	69
Learn when to let go	71
What happens after you get back together	73
In conclusion	75



Forward

If you're reading this book, there's a good chance that you're not reading it simply because you're bored or because you want to prepare yourself for a time in the future when you might need the suggestions found inside it.



If you're reading this now, you're probably at one of the crossroads of your life. You've broken up with your partner/ lover / significant other (call it what you will), and you've finally managed to process things enough to realize that you might actually want them back.

Here's the thing though. It's not good enough for you to simply decide that you want that person back in your life. It doesn't matter if you've been together for two years or twenty; it doesn't matter whether you thought that you were soul mates bound to each other forever.

What matters at this point is that you take a good long hard look at your life to date, both with and without your partner. Is your decision to get your ex back a purely instinctive reaction, or is it something that you truly want with all your heart and soul?

That was just a taste of what you will be able to find inside this book, and when you have gone through these soul searching question, we can then go on to looking at the ways and means for you to get your ex back, along with some strong do's and don'ts on getting your ex back!

These pages are a sample of what is available in the full version of **A Guide To Getting Your Ex Back**, an ebook available at www.ebookaudiodepot.com.